

PRASAD[®]

Philanthropic Relief, Altruistic Service And Development
Project



Happy Spring!

Over the years The PRASAD Project has made a consistent effort to help people move beyond illness and poverty in the communities that we serve in India, Mexico and the United States. We recently returned from an inspiring visit to PRASAD Chikitsa's programs in the beautiful Tansa Valley in India, and we are excited to share some of the highlights of our trip.

Health Care

Beyond the obvious health benefit of the services performed, each person is transformed by the caring, respectful and supportive treatment provided by the staff. The community trusts PRASAD because it is efficient, affordable and accessible. The mobile hospital visits remote villages, and the eye clinic offers house-to-house screenings and weekly follow-up for post-operative patients.



Wastewater Purification

Most of the villages in the Tansa Valley do not have proper drainage systems. As a result, wastewater causes health problems, including malaria, and pollutes the soil and ground water. PRASAD helps the villagers construct soak pits (like cesspools), a system for proper disposal and purification of the waste water. The soak pits are a great benefit to community health.

Clean Water

For some families in remote areas of the Tansa Valley, accessing water once meant using murky, contaminated ponds. Now, thanks to PRASAD Chikitsa they have clean water, which has dramatically improved their quality of life. When we visited some of the recipient families, the women spoke of how easy the water filters are to use and how efficiently they deliver clean, good-tasting water.



Water Conservation

It is now the dry season, and as we toured the farms we noticed the dry, cracked ground. To implement agriculture and water conservation projects, PRASAD Chikitsa has helped the government identify promising sites for dams. These dams are constructed across small waterways to create reservoirs, providing farmers with enough water to sustain their orchards and plant a second crop.



Women's Empowerment

In Adne village we attended a meeting of the Self-Help Group initiative, which offers women economic opportunities and helps them enroll in recently introduced government programs, including pensions and insurance. One of the women excitedly shared the result of her participation in the Self-Help Group, which provided her with a loan to open a convenience store. Her business is thriving, and it enables her to send her son to school to study engineering.



Childhood Malnutrition

Many of the children suffer from severe malnutrition. PRASAD Chikitsa's SAM Project—Severely Acute Malnourished Children--provides nutritional supplements for malnourished infants and toddlers and conducts regular check-ups to monitor their progress.



Support Our Work

The positive effect PRASAD's work has had on people's lives is proof we are making a difference. None of our work could be done without our amazing supporters. Now is the ideal time for you to support PRASAD's programs by joining as a partner, or monthly donor. Your commitment ensures program sustainability and helps us plan our annual budget.



If you are already a PRASAD partner, we especially thank you for your support and we ask you to please consider increasing your pledge. You can also help maintain and expand our critical initiatives by encouraging friends and family to support The PRASAD Project as well. Help us reach our goal of 100 new partners.

Please use the enclosed envelope or visit www.prasad.org and send your gift today!

With gratitude,

Thomas Korula, Trustee
M. Cecilia Escarra, Executive Director



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