



**PRASAD**  
Philanthropic Relief, Altruistic Service And Development  
Project

www.prasad.org

**FIELD REPORT**

Presented by  
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**Tansa Valley India**  
Population 200,000  
370 Villages

**CHALLENGES**

Mainly Tribal  
Domestic Violence  
Poverty  
Child Marriage  
Deficient Diet  
Frequent Migration  
HIV-AIDS  
Tuberculosis

# THE PRASAD PROJECT

27 YEARS working in partnership with people to benefit children and communities in need in India, Mexico and the U.S.

## VISIT TO PRASAD CHIKITSA

### HEALTH CARE

**ANUKAMPA HEALTH CENTER**  
Shri Muktananda Mobile Hospital  
Tuberculosis Program  
General Outpatient Department  
Dental Clinic  
Specialized Outpatient Department  
Community Health Outreach

**FAMILY HEALTH CENTER**  
Reproductive and Child Health  
HIV/AIDS Prevention and Treatment  
Specialized Outpatient Department  
Nutrition Program  
Diagnostic Center

**GURUDEV SIDDHA PEETH NETRACHIKITSA**  
Eye Care  
Cataract Surgery

### SUSTAINABLE COMMUNITY DEVELOPMENT

Agriculture  
Arts & Craft  
Education  
Sanitation  
Clean Water  
Women's Self-Help Groups

### OUR NUMBERS IN 2018

**95%** success rate in curing tuberculosis  
(**10%** higher than the government target)  
The malnutrition rate among children  
dropped from **43%** to **17%**  
Nutritional Servings: **168,000**  
Medical Visits: **68,000**  
Water Filters distributed: **187**  
Toilets constructed: **92**



# We empower women and communities to improve their quality of life.



**2,900 women**  
**251 SHGs**  
**\$500,000 in net assets**  
**generated by the women since**  
**program inception in 2001**

**PURPOSE OF THE WOMEN'S SELF-HELP GROUPS**  
 Increase women's financial independence  
 Foster savings and banking habits  
 Inspire women to assume social responsibility  
 Create a sense of unity and maximize skills and confidence

**PURPOSE OF THE AGRICULTURE PROGRAM**  
 Promote sustainable agriculture and water conservation  
 Increase the availability of eco-friendly jobs  
 Reduce costs for fertilizer, pesticides and seeds  
 Increase farmer productivity while protecting the environment  
 Increase the number of trees planted

The Self-Help Group (SHG) Ekta was formed in 2006 and has 10 members. Their initial plan was to exchange ideas and lend each other support. Eventually, they took out bank loans to start a business of vegetable cultivation, and they repaid the loans on time. Before the group formed, the women felt much skepticism, but as they have come together, their enthusiasm has increased. Although they used to be dependent on their husbands, they now all have their own money, so they found a new level of financial independence. The Ekta group won a prestigious award from the government of Maharashtra.



"I am a tribal farmer who used to migrate for work in order to make enough to support my family. In 2014, I joined PRASAD Chikitsa's Orchard program, and I planted fruit saplings and vegetables. Now my trees are bearing fruit, and I will have enough to sell in the local market. My family is happy and relieved. We don't need to go elsewhere to work, and my children will continue their education because of the increase in our income." Yashwant

In the Tansa Valley most households are dependent on agriculture for their livelihood. Because the growing season is limited by weather, and farmers are left vulnerable, many are forced to leave their homes and families in search of work.



"I was shy, too shy to speak, but the SHG has given me confidence. Now I am a member of my village's governing body, and I also represent my village in the District area." Bahvna, Ekta SHG

2018-2019	
Fruit Orchards	650 Saplings
Forestation	4700 Saplings
Kitchen Gardens	200 Beneficiaries
Indigenous Seed Banks	60 Beneficiaries
Floriculture	320 Plants
Tree Nurseries	2500 Saplings



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