





The PRASAD Project

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We began 2022 by celebrating PRASAD's 30th anniversary!

Our Anniversary has been a platform to reinforce our core values and culture, staying true to our strong roots. We have honored our founders, donors, volunteers, and partners, without whom this achievement would not have been possible.

We have reflected on the origin of PRASAD's name and created a new tagline - HOLISTIC. SUSTAINABLE. LIFE-CHANGING. - that encapsulates the principal qualities of PRASAD's work. And, just as we contemplate our personal lives, it has been fruitful to look back on what works well for PRASAD (and doesn't) and incorporate that experience into future plans.

PRASAD also hit a new milestone, receiving consecutive top ratings from *Charity Navigator*, *Great Nonprofits*, and *Guidestar*.

Working in Partnership with Communities in Need

All of our regular programming has resumed. Here is our impact through September:

At **PRASAD Chikitsa**, we continued our efforts to improve quality of life while empowering economic improvement for long-term sustainability.

- The Mobile Hospital has expanded services to 21 remote villages, providing examinations, health education, and treatment to nearly 5,000 patients.
- Our Anukampaa Health Center has conducted 19,297 medical visits
- We have expanded the Nutrition Program, increasing the number of nutritional servings to 46,000+, benefiting more than 500 undernourished infants and pregnant mothers.
- PRASAD has distributed 16,790 fruit and shade tree saplings, helping to improve food security and restore the environment.





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At **PRASAD Children's Dental Health Program**, we continue improving children's oral health by delivering comprehensive dental services. We have provided dental health education and preventive care to 2,000 children and performed 2,100 dental procedures.

At **PRASAD de Mexico**, our dedicated volunteer team restarted services by organizing two successful eye camps in Mexico, at which 300 people received free cataract surgery.

Helping Children Thrive

Early child development sets the foundation for lifelong learning, health, and economic potential. PRASAD supports children and their communities.

Access to Clean Drinking Water & Toilets



In Nevalpada, a difficult to access tribal hamlet, the water and sanitation situation at the primary school was dire. The toilet block was dilapidated, so children and teachers relieved themselves in the open. There was no water purification system, and the handwashing station didn't work. The children had no choice but to drink untreated water from an open well.

PRASAD Chikitsa stepped in, providing a new handwashing station, toilets, and access to clean drinking water. Grateful Headmaster Jagdish Patil said, "Our school toilets were in awful condition; they were unusable. Now, we have safe facilities, and we can develop good cleanliness and sanitation habits among the students."

Helping to Overcome Fear

When 11-year-old Peter came to our dental clinic for his first visit, he was very nervous. He'd had a bad experience with another dentist when younger. Peter told the assistant, so she took the time to explain the process step-by-step. Afterward, he said that it wasn't bad at all and that he was looking forward to his next appointments. We started this journey with a nervous child scared by bad dental experiences. Now, he is getting over his fear and excited about having good teeth and pride in his smile.

Restoring Self-esteem

Eight-year-old Juanito lives in the Durango mountains. People called him cross-eyes. Juanito told us "One day, my mom took me to PRASAD de Mexico's Eye camp. To my joy, the doctor said with eye surgery, I could look good; so, they operated on me. I went back to my village school full of confidence and told my classmates that I was operated on along with 150 children who would never again be cross-eyed. When I finished, everyone applauded me. I was crying with emotion. I will never forget it!"

By receiving PRASAD's life-changing support, the students in Nevalpada, Peter, Juanito and children like them have a better chance of having healthy childhoods and becoming productive adults, contributing to the sustainability of their communities. Please help by giving today and consider becoming a PRASAD Partner to ensure our children continue to thrive.

In Gratitude,

The PRASAD Project Board and Executive Director





