



Dear Friend,

As the year draws to a close, we want to take a moment to thank you for being an important part of our work. Together, we continue to advance PRASAD's vision of healthy communities prospering in harmony within the natural environment.

Your generosity and compassion have helped us bring lasting change to people's lives—restoring sight, improving health, providing nutrition and education, and protecting the environment for families and children in India, Mexico, and the United States.



#### **BLOOMING HOPE**

The Nadage family—Vanita, her son, daughter-in-law, and two young grandsons—rely on their three-acre farm for survival. For years, they cultivated dry-land rice paddy, and to make ends meet, they also worked as farm laborers. While this provided short-term stability, the family was caught in a cycle of financial struggle.

That changed when Vanita was inspired by PRASAD Chikitsa to start cultivating Mogra (jasmine). PRASAD Chikitsa provided her with 1,000 saplings, and soon the entire family was working together to care for the delicate plants.

Their hard work soon blossomed—literally. Within months, the Mogra plants began to flower, filling the air with fragrance and the family with hope. They started weaving the blossoms into garlands and selling them in the local market. With this additional income, the Nadage family managed daily expenses comfortably, and even began saving for the future. Grateful for the opportunity, Vanita shared: "The Mogra saplings were a small step that led to a huge change for our family. This additional income has made our lives easier and given us hope for a more secure future." From July to September, PRASAD Chikitsa distributed nearly 10,000 floriculture saplings to low-income tribal farmers.







## PRASAD PROGRAM HIGHLIGHTS



# PEDALING TOWARDS EDUCATION: A BICYCLE'S RIPPLE EFFECT

In the tribal communities of the Tansa Valley, students often walk several miles to and from school every day. The long journey leaves them exhausted and ill from walking barefoot through muddy paths and streams. For girls, the strain could mean dropping out altogether—losing the chance to continue their studies. Without education, they risk becoming financially dependent on their husbands through early arranged marriages.

Something as simple as a single bicycle can change that story. With a bike, a girl can reach school safely and on time, stay healthy, and focus on her future. To make this possible, PRASAD Chikitsa, in collaboration with the SAS Foundation Mumbai and The Keshar Ashish Co-operative Society Malad, distributed bicycles to low-income students. Two students, Preeti and Pranali, shared, "The bicycles will make commuting to school much easier and give us more time to focus on our studies."

Simple gifts like this create a powerful ripple effect — offering children and youth a promising future through nutrition, healthcare, school supplies, and scholarships.

Your gift today changes lives... for decades.

#### A DONOR'S PERSPECTIVE:

"I lived in Ganeshpuri for a year, when the mobile hospital and eye camps first began. What a beautiful unfolding of community development has taken place over these years. Thank you for your persevering, long term development service!"

### Visit our website WWW.PRASAD.ORG

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At **PRASAD CHILDREN'S DENTAL HEALTH PROGRAM**, we are committed to enhancing children's oral health and wellbeing. From January to September, we expanded our services from 900 visits in

2024 to 1,300 visits in 2025, reaching more than 2,500 children with essential health care and support. Parents trust our dedicated staff to provide not only quality care but also a positive first dental experience. As Ashley, a grateful mom, shared: "My

6-year-old visited the dental clinic—his very first time seeing a dentist. He came home from school so excited after his visit!"

At **PRASAD DE MEXICO**, through partnerships with local hospitals, the team is actively reaching out to people in need and scheduling their



eye surgeries in the coming months. One grateful patient shared his life-transforming experience after cataract surgery: "I wasn't doing anything anymore. And now, it's like I'm coming back to life again. I realize that God is giving me a second chance in life." Restoring sight means restoring hope—thank you for helping make this possible.

#### SUPPORT PRASAD'S VITAL WORK

As our programs continue to evolve, our commitment to service remains unwavering.

At the heart of our work is partnership — with your support, the individuals and communities we serve not only receive help but also become active participants in building stronger, healthier futures. As we close the year and look ahead, I invite you to join us in creating even greater impact. Please consider making a gift today at www.prasad.org/donate. Together, we can nurture lives, protect the environment, and build a brighter future for generations to come.

Sincerely,

The PRASAD Board of Trustees

Dr. Vivek Panchapakesan, Chair Brandon Siew, Treasurer Harriette Cole, Secretary Jyotika Patel Executive Director: Dr. M. Cecilia Escarra





